



About Dr. Eric Loewrigkeit...

Dr. Eric Loewrigkeit (lo · rig · kite) is committed to helping families in the community achieve improved health and vitality. He speaks regularly to local schools, businesses, and organizations on health, wellness, and safety topics. He enjoys educating others on positive stress management, preventing injury in the workplace, and maintaining a peak performance in all facets of life. His mission is to empower people with reaching their optimal health potential through genuine care and education.

Dr. Loewrigkeit's education includes a B.S. in Exercise Physiology from Rutgers University. He has also received his Doctor of Chiropractic degree from New York Chiropractic College in 1999, where he graduated with Cum Laude honors. He has had extensive training in deep muscle massage and specializes in lifestyle family care. A New Jersey native, Dr. Loewrigkeit is the owner of Sparta Chiropractic and Wellness.

Dr. Loewrigkeit is a member of the Sparta Chamber of Commerce and the Sussex County Chamber of Commerce. He is also a member of the New Jersey Chiropractic Society as well as the Association of New Jersey Chiropractors and donates his time to many local organizations providing chiropractic services.

Dr. Loewrigkeit lives in Sparta with his wife, Carrie, and their four children, Tyler, Kara, Grace and Madison. He enjoys hiking, backpacking, fishing, and spending time with his family.

Chiropractic Celebration

Family



Growing Healthy Children

Presented by Dr. Eric Loewrigkeit

Raising healthy children in this day and age can often be a challenge for even the best parents. Your children deserve to enjoy a life of health and vitality. Children are bundles of energy, joy and wonder. During this entertaining and informative workshop, you will learn about the latest in natural healthcare.

Some of the topics covered:

- *Little known secrets to a stronger immune system
- *How orthodox treatments for asthma and ear infections can do more *harm* than good
- *Cutting edge natural remedies that do more *good* than harm
- *Why your child's diet may affect their brain function
- *Concrete solutions to keeping your child healthy
 - *Antibiotic use and abuse
 - *Scoliosis and posture



SPARTA
CHIROPRACTIC AND
WELLNESS CENTER

17 Woodport Rd * Sparta NJ 07871 * 973-726-9041 * www.spartachiro.com